

# Trisuli Rafting

URL: <https://himalaya-discovery.com/trip/trisuli-rafting/>

<b>Destination</b> Nepal	<b>Activity</b> Climbing and Expedition	<b>Start / End Point</b> Kathmandu / Kathmandu
<b>Duration</b> 1 / 2	<b>Per Person From</b> USD 130	<b>Max. Altitude</b> 1400m
<b>Best Season</b> March, April, May, June,2 September, October and November	<b>Group Size</b>	<b>Easy</b>

## Trip Overview

**Trisuli Rafting**, the draining river the snow melt of Ganesh and [Langtang](#) Himals, gains its name from Lord Shiva's three pointed staff Trisuli. Legend has it that the god drove the tips into the ground creating three small lakes, which form the headwaters of the river.

This makes your fun more demanding during high flows with a good combination of continual torrents and enjoyable cool water for your Trishuli rafting.

There are few major rapids on the Trisuli starting with "Beginners Luck" & ending with the rocky & technical "Pin Ball" under the bridge of Mugling. The emphasis is on fun & safety. For those short in time for holidays it is a great trip of exciting paddling and plunging through exhilarating rapids.

Trishuli river rafting has been so well-known because of its ease of access of road beside its major part. Trisuli trip can be effortlessly managed to end at a place where a nature tour start.

The rapid on Trisuli are mainly big, bouncy and relatively safe or other accidents are rare in normal water condition, and if you wish, it is possible to walk around the few difficult rapid. Makes your fun more demanding through high flows with a good combination of incessant rapids and enjoyable peaceful water.

Kuringhat, a small and charming village is an ending spot from where you can drive to Kathmandu or [Chitwan National Park for wildlife safari](#) or [Pokhara](#) to carry on your adventure in Himalaya. Follows highway to the Trisuli rafting place, you can effortlessly come back to Kathmandu in few hours after

conclusion of the trip.

## Trisuli Rafting: What to Bring

Please bring along on river shorts and a T-shirt, suitable raft wear footwear, warm evening clothes, a towel, a sun block and your camera. It is also helpful to have a flashlight.

## Price Includes

- English speaking licensed guides highly trained and safety certified to international standards and certified safety kayakers.
- Quality rafting and kayaking equipment, including boats, kayaks, helmets, paddles, dry bags and Pelican boxes.
- Two-way transportation.
- River permits.
- Industry standard first aid kits

## Price Excludes

- International airfares and Nepal visa.
- Any personal medical or evacuation expenses incur.
- Tipping for the staff.
- Any others expenses which are not mentioned on the 'Price Includes' section.

## Group Discounts Available

No. of Persons	Price per Person
1 - 2	USD 130
3 - 4	USD 110

## Address

Bijeshwori Swayambhu  
Kathmandu, Nepal