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Mera Peak Climbing

URL: https://himalaya-discovery.com/trip/mera-peak-climbing/

Destination
Nepal

Activity
Climbing and Expedition

Start / End Point
Lukla / Lukla

Duration
19

Max. Altitude
6,654m

Best Season
March to May & October to November

Activity Per Day
5 – 7 hours

Group Size
2 – 8

Challenging

Mera Peak Climbing Overview

Mera Peak stands 6654 meters high and is considered one of the major, most popular trekking peaks in Nepal. It lies in the Khumbu Himalayan Range. The **Mera Peak Climbing** trail winds amongst forests of pine and rhododendrons in this remote and uninhabited valley leading to the alpine Environment of Mera Base Camp.

The Peak itself rises to the south of Everest. The ascent of the peak is technically straightforward, however heavy snow and maze of crevasses can make our journey a longer way to summit.

Besides the charm of Mera Peak climbing, the trek to base camp from Lukla is rewarding to experience rare unspoiled regions of Nepal with densely forested hillsides.

We believe the effort is definitely worth it! The trek starts with a lovely route to the Arun Valley which takes you away from all the crowds on the Everest trek. You will see local villages farming the terraces in this area of the trek, as they have done for decades.

How Hard is it to Climb Mera Peak?

If you have already climbed Kilimanjaro or trekked to Everest base camp, Mera Peak climbing is a likely next challenge.

The Nepal Mountaineering Association identifies it as a trekking mountain. However their criteria for this is only that to reach the summit you need to be able to use crampons and ice axes.

This may give the impression that it’s not difficult for Mera Peak. It’s not true, it is the highest trekking peak in Nepal at 6476 m, and this brings with it all the difficulties of trekking at high altitude. These include the risk of extreme weather and altitude sickness, of course.

Besides the altitude, the Mera Peak is also a really hard slog. There’s no particular point that’s particularly challenging, but the top night climb of the glacier is just going on. Allow 5-6 hours to walk to the edge of the glacier!

But all that effort is worth it for the views out of this world.

Itinerary

Day 01: Arrive in Kathmandu.

Upon your arrival in the Kathmandu airport after completing your custom formalities Visa, etc. pick up your luggage and look for our airport representative from Himalaya Discovery Adventures, who will display your name on the board at the arrival gate.

You will be greeted by our representative and transferred to the hotel by private tourist vehicle. Overnight in Kathmandu.

Highest Altitude:
1400m

Day 02: Free in kathmandu for sightseeing and pre trip briefing and gear check.

Today is free for sightseeing in Kathmandu. You may wish to visit Durbar Square in the heart of the old city where the old Royal Palace, with its intricate woodcarving is located. The whole area is a maze of temples and images. Leading away from the square in all directions are narrow alleys, full of the most amazing variety of shops and stalls.

Some of these landmarks are considered World Heritage Sites including the historic Bhaktapur Durbar Square, the famous ‘Monkey Temple’ Swayambhunath and Buddhists shrine Buddhanath which is one of the largest Stupas in the world.

There will also be a full trip briefing today with gear check. In case you need to hire or buy equipment locally there will be time to do this today. Overnight in Kathmandu.

Day 03: Fly to Lukla and trek to Chutok.

An early morning start takes us to Tribhuwan international Airport in Kathmandu for the 35 minute scenic flight to Tenzing and Hillary Airport at Lukla at 2804 meters.

On arrival at the airport our guide will brief you and introduce our porters before we begin our trek towards up to the Chutok La pass at 2945 meters and over night at Chutok at elevation of 2800 meters.

Trek Duration	Highest Altitude:
3 hrs	2804m

Day 04: Trek-Col Khari to Pangkongma.

After the pass of Col Khari La the trail carries along mountainsides through the Kharikhola valley to set up camp in Pangkongma.

Trek Duration	Highest Altitude:
6 hrs	3081m

Day 05: Trek to Kurke.

A magnificent route via mountain crests through rocky and wild landscapes. Passing through and enjoying the splendid panorama of wooded regions below us.

Trek Duration	Highest Altitude:
5 hrs	3800m

Day 06: Trek to Thuli Kharka.

Today, we climb up to a pass at 4400 meters and descend towards Thuli Karkha, which mean “vast pasture”.

Trek Duration	Highest Altitude:
6 hrs	4200m

Day 07: Trek to Khothey.

e descend on hillsides, by pleasant meadows and lower down through forests of blue Himalayan pines and rhododendrons. Beautiful views of the south side of Mera Peak.

Trek Duration	Highest Altitude:
5 hrs	3600m

Day 08: Trek to Tangnag.

We climb up the Hinku valley through summer pastures, near Lungsamba the valley narrows wedged between the Kusum Kangru 6369 meters and the west summit of Mera Peak 6255 meters.

Trek Duration	Highest Altitude:
6 hrs	4350m

Day 09: Acclimatization and rest day at Tangang.

Spending a day here in order to acclimatize and adjust to the thinning of the air.

Day 10: Trek to Khare.

Climb up along the lateral moraine of the Dig Glacier, providing interesting views of the Mera Peak.

Trek Duration	Highest Altitude:
4 hrs	4900m

Day 11: Trek to Mera La and Base Camp.

Progressing along the snowy glacier, we approach the pass the slope becomes steep.

Trek Duration	Highest Altitude:
5 hrs	5415m

Day 12: Climb Base camp to High Camp.

One of the best parts of the trek. Stunning panoramas of giant mountains rising above 7000 meters, among the highest on earth: Chamlang (7290 meters), Makalu (8475 meters) and Baruntse (7220 meters) to the east, Everest (8848 meters), Lhotse (8501 meters) and Nuptse to the north.

Continuing westward the peaks of Ama Dablam, Cho Oyo (8153 meters) and Kantega fill our view.

Trek Duration	Highest Altitude:
5 hrs	5800m

Day 13: Summit to Mera Peak and then return to Khare.

Start early in the morning depending on the weather condition.

Trek Duration	Highest Altitude:
10 hrs	6654m

Day 14: Spare day in case of bad weather.

Day 15: Trek to Khothey.

Leaving the mountains behind us our descent takes us through Tangnag before continuing back to Khothey 3600 meters.

Trek Duration	Highest Altitude:
6 hrs	3600m

Day 16: Trek to Thuli Kharka.

Our trek descends back the same way.

Trek Duration	Highest Altitude:
6 hrs	4200m

Day 17: Trek to Lukla.

Finally we return to Lukla where the trek began, which will seem like a lifetime ago. Enjoying time to reflect on the trek as a group and the personal achievement of all those who took part. Also giving you time to discover the town. Overnight at tented camp.

Trek Duration	Highest Altitude:
7 hrs	2804m

Day 18: Fly to Kathmandu.

Enjoying your last glimpse of the mountains you have recently visited for one last time on the 35 minute Scenic flight back to Kathmandu. On arrival in Kathmandu we are met and transferred back to our hotel. Overnight at hotel in Kathmandu.

Day 19: Free day / Fly to home.

It’s also spare day in case of bad weather in Lukla. If you get interested to take some gifts from Nepal for friends and relatives, visit to some nearby shops or go out in Thamel for typical Nepalese goods.

In the evening we will have a farewell dinner in a traditional Nepalese restaurant with cultural performances. Overnight in Kathmandu.

Day 20: Fly to home.

The trip concludes! We will drop you to the airport for your flight departure from Nepal.

Price Includes

- Airport transfers pick-up and drop-off.
- All meals (breakfast, lunch and dinner) during the trek.
- Hot drinks (tea, coffee, hot milk, hot chocolate)
- Mere Peak climbing permit fees.
- Garbage deposit fee.
- Sagarmatha National Park entry permit
- All accommodation in tented camp or tea-house during the trek route. (twin sharing trekking tent, dining tent, toilet tent, Kitchen tent, staff tent, Table, chairs and Kitchen utensil etc.)
- Airfare both ways (Kathmandu – Lukla – Kathmandu)
- Peak climbing a Sherpa guide with his equipment.
- All necessary paper works, Everest National park entry permit.
- Trekking information management system (TIMS) permit.
- English speaking, trained government license holder guide during the trek and climb.
- The required number of staff/porters to carry your luggage during the trek (1 porter for 2 people).
- Accommodation / salary / food / drinks / insurance / equipment / medicine and transport for all staff.
- Walking stick (if it is required)
- All government taxes.
- Farewell dinner.

Price Excludes

- International airfare and Nepal visa.
- Personal trekking and peak climbing gears.
- Climbing rope, crampons, climbing shoes, raincoat.
- Personal clothing and equipments, down jacket, Gore-Tex jacket, available on hire in Kathmandu
- Tips for the guide / porter (tipping is expected).
- Travel insurance which covers emergency Rescue and Evacuation.

- Any others expenses which are not mentioned on the ‘Price Include’ section.

Address

Nagarjun 5, Swayambhu
Kathmandu, Nepal