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Larke Peak Climbing

URL: https://himalaya-discovery.com/trip/larke-peak-climbing/

Trip Code
WTC097

Destination
Nepal

Activity
Climbing and Expedition

Start / End Point
Kathmandu

Duration
20

Per Person From
USD 2,785

Accommodation
Lodge
Nepal lodges, also known as teahouses, are basic yet cozy accommodations found along trekking routes.

Region
Manaslu

Max. Altitude
6249m

Nature Of Trek
Lodge / Tent

Best Season
Spring & Autumn

Activity Per Day
5 to 6 hours

Group Size
2 – 10

Transportation
Drive

BLD
Breakfast, Lunch, Dinner

Hard
Hard trekking involves steep climbs and tough terrain, demanding high fitness and endurance, but offers the greatest adventure and breathtaking views.

Why you'll love this trip

- Explore the remote and hidden Valley, a land of ancient Buddhist monasteries, and mani walls.
- Climbing Larke Peak stands at over 17,000 feet (6,249m), providing an exhilarating high-altitude experience
- Cross the Larke La Pass (5,106m) to enter the Manaslu Circuit, offering stunning views of the Manaslu range.

- Trek through beautiful forests, cross glacial rivers, and pass through picturesque villages.
- Visit sacred sites and learn about the unique culture and traditions of the local people.
- Experience the natural beauty of the Himalayas, including stunning views of Mount Manaslu (8,163m), the eighth-highest mountain in the world.
- Discover the rich biodiversity of the Manaslu Conservation Area, home to a wide range of flora and fauna, including the elusive snow leopard.

Trip Overview

Manaslu Circuit with **Larke Peak climbing** is one of the most mesmerizing trips in Nepal. This is a less crowded trip that offers an unforgettable adventure.

This trip will take you to remote villages and the natural beauty of Nepal. You will witness lush forests, rivers, and waterfalls beside the snow-capped mountains. You'll also discover the preserved areas of the trip, which are rare, including plants and places.

Larke Peak is a rewarding peak to climb in combination with the Manaslu Circuit Trek. It is a difficult climb with spectacular views of Manaslu, the Annapurnas, Ganesh Himal, and beyond.

Larke Peak Climbing offers an unforgettable trekking experience in one of the most remote areas of Northern Nepal, the Manaslu Region. Situated at the altitude of 6,249m in the magnificent area of Gorkha District, this trek offers abundant Medieval Tibetan, Gurung and Tibetan cultures and some unprecedented views of numerous peaks such as Mt Annapurna (8,091m), Lamjung Himal (6,983), Tilicho Peak (7,134m), Manaslu (8,163m) and many more.

Most people living here are Buddhists which clearly shows the significance of Tibetan-Buddhist culture. Along with from Himalayan beauty, one can be truly amazed by ancient Gompas/monasteries, art, and customs that have remained despite modern invasions.

Climbing Larke peak demands high level of stamina and good physical fitness. Technical climbing skills not required but use of climbing equipment is preferred for this challenging peak. So, sound physical condition and previous hiking experiences or peak climbing will be advantageous for achieving the summit of Larke Peak.

Trip Itinerary

Day 01: Arrive in Kathmandu.

Welcome to the Himalayas, one of our representatives will pick you from the airport and drive you to your respective hotel.

Once you reach the hotel you will check in and rest for a while. The remaining day you can discover Thamel looking at shops and eating at a restaurant.

Highest Altitude:
1400m

Accomodations:
Optional

Day 02: Free / Permits preparational and gear check.

Today in the morning, our team will meet you to review the equipment you have brought and take you to the gear rental shop. Before you head off to the Himalayas, we will make sure that you have quality climbing boots that fit well.

Today, there will also be a trip briefing on last-minute specifics about your trek and an early lights-out: you have a big day ahead.

You may wish to visit Durbar Square in the heart of the old city where the old Royal Palace, with its intricate woodcarving is located. The whole area is a maze of temples and images.

Leading away from the square in all directions are narrow alleys, full of the most amazing variety of shops and stalls. Some of these landmarks are considered World Heritage Sites including the historic Bhaktapur Durbar Square, the famous 'Monkey Temple' Swayambhunath and Buddhists shrine Buddhanath which is one of the largest Stupas in the world.

Highest Altitude:
1400m

Accomodations:
Optional

Day 03: Drive to Soti Khola.

After an early morning breakfast, we'll drive to Soti Khola by jeep. You will follow the Budhi Gandaki River towards the northern side and passing through Simre and Morder villages. It will be a bumpy and winding dirt road journey that will take approximately 7 hours. Overnight at Soti Khola.

Trek Duration
7 hrs

Highest Altitude:
810m

Meals:
Lunch & Dinner

Accomodations:
Lodge

Day 04: Trek to Khorlabesi.

After breakfast, we cross the Soti Khola suspension bridge and trek through the forest on a narrow and rocky trail. Along the trail, there are many waterfalls. You make your way through the paddy fields and arrive in the lovely Gurung village of Lapubesi.

Further hiking through the sandy riverbed and stone ridges will take you to Machha Khola, then trail

continue until reaching the village of Khorlabesi. This trek will take roughly 5 – 6 hours. Overnight at Khorlabesi.

Trek Duration	Highest Altitude:	Meals:
5 – 6 hrs	920m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 05: Trek to Jagat.

Today, we will ascend to Tatopani, which is also known for its relaxing hot springs. We refresh ourselves and continue along the cliffs.

We cross a large suspension bridge over the Budhi Gandaki River and then ascend through a narrow valley to Dobhan. Admiring the easy up and downs along the river we will reach Jagat. Overnight at a lodge.

Trek Duration	Highest Altitude:	Meals:
5 – 6 hrs	1340m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 06: Trek to Deng.

We will pass through rocky ridges to Salleri, we will see the beautiful Shringi Himal (7131m) and then descends to Sirdibas. The trail from here crosses the left bank of the river to the largest suspension bridge on the east side, which takes us to Philim.

Continuing on, we will reach Tsum valley and, after passing a few suspension bridges, Nupri and then Deng. Overnight at a lodge.

Trek Duration	Highest Altitude:	Meals:
5 – 6 hrs	1860m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 07: Trek to Namrung.

Today, we will ascend the trail to Rana and then to Bhi, crossing through many canyons. The path crosses Sarang Khola and widens round the Ghap Valley.

We will enter the forest area of rhododendron, birch, and pine from Ghap. On our way, we'll cross by many Mani walls and prayer flags. The trail is fascinating as we'll be experiencing Tibetan culture. Overnight at a lodge.

Trek Duration	Highest Altitude:	Meals:
5 – 6 hrs	2630m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 08: Trek to Samagaon.

We will pass through a few Mani walls, fields, and houses before entering the dense rhododendron forests. The trail follows the forested landscapes until it ascends to Lihi and then to Sho. A pleasant walk along stupas and monastery will take us to Samagaon.

We will cross many large Mani walls and see many peace flags hanging along the way to Samagaon, where we will enjoy views of Manaslu (8163m) and Manaslu North (7157m). Overnight at a tented camp.

Trek Duration	Highest Altitude:	Meals:
6 – 7 hrs	3520m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 09: Acclimatization day.

Today, the day will be for acclimatization to the higher altitude. Because we'll have gained a massive altitude and our journey continues above 3000m, we will acclimatize ourselves with the climate.

We will use this day to hike up the Manaslu Base Camp and enjoy the views of mountain vistas in the Manaslu region and then return to Samagaon. Stay overnight at a lodge.

Highest Altitude:	Meals:	Accomodations:
3520m	Breakfast, Lunch, Dinner	Lodge

Day 10: Trek to Samdo.

The route for today will be along the Birendra Lake (tal), which runs beneath the Manaslu Glacier. The trail will initially pass through juniper forests before ascending to the cliff and leaving the tree-line below.

From there, we will ascend along the ridges before descending to the Budhi Gandaki River. After some

time, the trail will take us to Samdo. Overnight at a lodge.

Trek Duration	Highest Altitude:	Meals:
3 – 4 hrs	3875m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 11: Trek to Dharmasala.

We will descend along the Budhi Gandaki River and pass via another Tibetan trail. After reaching a large Mani wall, we'll head left and walk through the dense forest.

The trail continues to ascend along the dense forest area and settlements along the riverbank to the Larke Phedi. The mountain views are breathtaking. Stay overnight in a lodge.

Trek Duration	Highest Altitude:	Meals:
4 hrs	4460m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 12: Trek to Larke Base Camp.

We will ascend slowly through the lateral moraines of the Larke Glaciers. The journey is long and mostly passes via the rocky ridgeline up to the moraine. From here, we will descend to the four frozen lakes before ascending to the Larkya-La pass (5160m).

We can see beautiful peace flags hanging with stunning view of Himlung (7126m), Annapurna II (7937m), and other Annapurna Range mountains. Stay overnight at tented camp.

Trek Duration	Highest Altitude:	Meals:
5 – 6 hrs	5160m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 13: Trek to High Camp.

Today, our journey starts as we continue on a gradual climb to reach High Camp. We will trek on steep trails and narrow rocky channels which make the walk all the more challenging.

When we arrive at High Camp, we can explore the area to acclimate to the climate. We can also practice

for the climb the next day. We will learn how to use some of the climbing equipment and gear. Overnight in a tented camp.

Trek Duration	Highest Altitude:	Meals:
4 – 5 hrs	5600m	Breakfast, Lunch, Dinner

Accomodations:
Tent

Day 14: Summit to Larke Peak and return to High Camp.

Early in the morning, we start the climb to the summit. We will not have to deal with the strong midday winds around the mountains this way.

Once we reach the top of Larke Peak, we will be greeted by the now-familiar Himalayan air, revealing a stunning range of peaks in the Mount Manaslu and Annapurna ranges. After enjoying the joyful moment for a while, we descend back to High Camp. Overnight in a tented camp.

Trek Duration	Highest Altitude:	Meals:
8 hrs	6249m	Breakfast, Lunch, Dinner

Accomodations:
Tent

Day 15: Reserve day.

This day will be set aside as a contingency in case we are unable to reach the summit of the Larke peak on the desired day due to bad weather or any other unforeseen reason. However, this day will not be required if the trip goes smoothly.

Trek Duration	Highest Altitude:	Meals:
8 hrs	6249m	Breakfast, Lunch, Dinner

Accomodations:
Tent

Day 16: Trek to Bimthang.

Today, we will climb along the lateral moraine and then descend via the loose rocks. At times, we may need to fix a rope to descend back to the grassy moraine.

Enjoying the beautiful snow-capped mountains, we'll descend to the sandy village Bimthang. Upon reaching at Bimthang, we will get a chance to see the medial glacial lake called Pongkar Tal which lies

just between Pongkar and Salpudanda glaciers. Overnight at a lodge.

Trek Duration	Highest Altitude:	Meals:
4 – 5 hrs	3590m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 17: Trek to Dharapani.

We trek up to the Bimthang glaciers, then quickly ascend to the far moraine wall to avoid the stone falls in this area. From here, we'll reach the beautiful dense forests of rhododendron and pine.

We'll continue along the riverbank, then into the forests, crossing Karche and the Gurung Gho. Crossing a suspension bridge, we will reach Dharapani. Overnight at a lodge.

Trek Duration	Highest Altitude:	Meals:
6 – 7 hrs	1860m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 18: Trek to Jagat.

We'll walk through the descending path along the Marsayangdi River until we reach the iron bridge. The trek ascends to Koto and we continue ahead to cross few villages and guesthouses and descend to the sandy area of Tal Village.

We'll continue on the trail until we reach Chyamje. We then head to Jagat. Spend the night at a lodge.

Trek Duration	Highest Altitude:	Meals:
6 hrs	1400m	Breakfast, Lunch, Dinner

Accomodations:
Lodge

Day 19: Drive to Kathmandu via Besisahar.

We will drive back to Kathmandu while enjoying the beautiful views of green valleys and tranquil villages, passing through numerous settlements and verdant hills along the way.

On reaching Kathmandu we'll drive you back to your hotel. Enjoy the delights of city, listening to live music.

In the evening, we will have a farewell dinner in a typical Nepalese restaurant with culture show.

Trek Duration	Highest Altitude:	Meals:
6 – 7 hrs	1400m	Breakfast, Lunch, Dinner

Accomodations:
Optional

Day 20: Free day / Fly to home.

Today, you can either stay back and enjoy a free day in Kathmandu or leave for your respective countries.

Our representatives will drop you off at the airport according to your flight schedule.

Price Includes

- Airport transfers pick-up and drop-off.
- Transportation from and to Kathmandu by private vehicle.
- All meals (breakfast, lunch, dinner) during the trip.
- All accommodations during the trek.
- English speaking Sherpa trek guide.
- Larke Peak climbing permit and Manaslu restricted area permit.
- Annapurna Conservation Area permit and necessary permits (TIMS).
- Tent camp during the climbing period. (twin sharing trekking tent, dining tent, toilet tent, Kitchen tent, staff tent, chairs and Kitchen utensil etc.)
- Peak climbing a native Sherpa guide with his equipment.
- Staff insurances and necessary ground transport for support staffs.
- Garbage deposit.
- Necessary porters to carry your luggage/equipment during the trip.
- Himalaya Discovery duffel bags.
- Hiking pole for the trek, if needed.
- Trek map.
- Farewell dinner including a cultural show.

Price Excludes

- International airfare and Nepal visa.
- Personal trekking and peak climbing gears.
- Climbing rope, crampons, climbing shoes, raincoat.
- Personal clothing and equipment, down jacket, Gore-Tex jacket, available on hire in Kathmandu.

- Any personal medical or evacuation expenses incur.
- International Travel insurance which included rescue.
- Tips for the guide & porters (tipping is expected).
- Any others expenses which are not mentioned on the ‘Included’ section.

Group Discounts Available

No. of Persons	Price per Person
2 – 3	USD 2,785
4 – 5	USD 2,490

Address

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Kathmandu, Nepal