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Cycling Lhasa to Kathmandu

URL: https://himalaya-discovery.com/trip/cycling-lhasa-to-kathmandu/

Destination
Tibet

Activity
Tibet Tours

Start / End Point
Kathmandu / Kathmandu

Max. Altitude
5,220m

Best Season
March to October

Activity Per Day
1 to 2 hours

Group Size
2 – 10

Strenuous

Trip Overview

Cycling Lhasa to Kathmandu is an amazing opportunity to experience the mountain biking experience in the beautiful Tibet. Tibet, protected by the great Himalayan chain to the south and west, and by the even more inhospitable mountains to the north and east, has haunted the ambition of explorers for centuries.

The allure is as high as the altitude, and for the adventurous cyclist this land of rugged beauty, vast landscapes, brilliant skies and glittering peaks offers one of the ultimate biking challenges.

After some essential time acclimatizing around Kathmandu and Lhasa (Tibet), our cycling Lhasa to Kathmandu route takes us across high altitude desert, over awesome mountain passes, stopping off at Rongbuk Monastery and Base Camp for views of the north face of Everest, before making the 160 km, 4600 meters descent into Nepal and the lush Kathmandu Valley.

In recent years much of the route has been surfaced making it perfect for cycling. A tough trip, but for those who venture to the spectacular beauty of Tibet, the sense of achievement is guaranteed.

For each trip, we also look for short and long tours to meet the desire and expectations of the client. We always try to satisfy the maximum level of our customers.

In this regard, we would like you to share your interest in the tours that you want in your holiday program and let us know without feeling any hesitation about any short/long trip that you planning forward. We appreciate you for that and set the itinerary that suits your time limit and scope of your budget.

Cost Includes

- Airport transfers pick-up and drop-off
- Guided city tour in Kathmandu by private vehicle inclusive of all entrance fees
- Tibet entry permission, Chinese visa, monasteries entry fees
- Kathmandu – Gongar (Lhasa) international flight
- Three night’s accommodation with breakfast at a 3-star category hotel in Lhasa
- All accommodation during in Tibet (hotel / tented on twin sharing basis)
- Full board meals prepared by our expert cook (breakfast, lunch and dinner) with hot drinks link tea coffee, chocolate etc
- A government licensed English speaking Nepalese leader during the whole trip.
- 1 guide for up to 4 pax.
- 1 guide and 1 assistant guide for 7 to 12 pax.
- 2 guides for 10 to 20 pax.
- 2 guides and 1 assistant guide for 15 and above.
- Mountain bike for the number of days riding.
- Tibet Tourism Board (TTB) approved Tibetan guide.
- Supporting crew, supporting truck and our own kitchen staff.
- Food, accommodation, salary, insurance, equipment, medicine for all our staff.
- Trekking equipment (two men tent, dining tent, kitchen tent, table with chairs, kitchen utensils, and all other necessary equipments.
- Tibet border to Kathmandu (Friendship bridge) pick up by private jeep / van / bus.
- All government taxes.

Cost Excludes

- International airfare and Nepal visa.
- Your travel insurance (mandatory for the trip; should cover helicopter rescue charges worth a minimum of USD 50,000 per person).
- Biking attire and other personal gears.
- Tips for tour staff and driver (tipping is expected).
- Others expenses not mentioned in the Service Include section

FAQs

Address

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